

# EVENTS & ACTIVITIES October 2024

### **Musical moments**

WEDNESDAY 2<sup>ND</sup> OCTOBER

#### Personal trainer

SATURDAY 5<sup>TH</sup>, 12<sup>TH</sup>, 19<sup>TH</sup> AND 26<sup>TH</sup> OCTOBER

#### **Macclesfield Football Club**

FRIDAY 11<sup>TH</sup> AND 25<sup>TH</sup> OCTOBER

## Men's pamper session

TUESDAY 15<sup>TH</sup> OCTOBER

## **Live entertainment: Mark Whitby**

TUESDAY 29TH OCTOBER

Throughout the month we will also be hosting the following regular activities:

#### Tea at Three

EVERY DAY at 3.00pm

#### **Arts and crafts**

**EVERY WEEK at 2.30pm** 

## **Natter group**

**EVERY WEEK at 2.30pm** 

#### Garden walks

**EVERY WEEK** 

## Weekly quiz

**EVERY MONDAY from 10.00am** 

#### Hairdresser

EVERY TUESDAY AND FRIDAY at 2.00pm

## **Pamper session**

**EVERY TUESDAY at 11.00am** 

## Fall prevention with Vanessa

**EVERY SATURDAY from 10.00am** 

## **Church service live stream**

**EVERY SUNDAY from 10.30am** 

Contact us today on **01260 296 789** to find out more about these upcoming events and activities, or why not suggest an activity yourself!

