

EVENTS & ACTIVITIES

October 2026

World Coffee Day

THURSDAY 1ST OCTOBER from 11.00am

Silver Sunday

SUNDAY 4TH OCTOBER from 2.00pm

Live entertainment: Hemley Hillbillies

MONDAY 5TH OCTOBER from 11.00am

Seated Zumba with Mareda

TUESDAY 6TH OCTOBER from 2.00pm

Rocket building for World Space Week

THURSDAY 8TH OCTOBER from 2.00pm

Live music: Kelbilly Stomp

THURSDAY 15TH OCTOBER from 2.00pm

Around the world for World Food Day

FRIDAY 16TH OCTOBER

World Singing Day

SUNDAY 18TH OCTOBER from 2.00pm

Seated Zumba with Mareda

TUESDAY 20TH OCTOBER from 2.00pm

Themed quiz for Reptile Awareness Day

WEDNESDAY 21ST OCTOBER from 2.00pm

Live performance from Daniel

SATURDAY 24TH OCTOBER from 11.00am

Throughout the month, we will also be hosting the following regular activities:

Gym sessions

EVERY MONDAY from 11.00am

Seated exercise

EVERY TUESDAY from 2.00pm

Fred's art class

EVERY THURSDAY from 11.00am

Karaoke

EVERY FRIDAY from 2.00pm

Movie Club

EVERY SATURDAY from 2.00pm

Online Church service

EVERY SUNDAY from 11.00am

Contact us today on **01296 438000** to find out more about these upcoming events and activities, or why not suggest an activity yourself?