

EVENTS & ACTIVITIES

October 2026

World Coffee Day

THURSDAY 1ST OCTOBER

National Poetry Day

SATURDAY 3RD OCTOBER

Holy Communion

MONDAY 5TH OCTOBER

World Space Week

MONDAY 5TH OCTOBER

Live performance from Kevin

WEDNESDAY 7TH OCTOBER

Reminiscence morning for National Cadets Week

SATURDAY 10TH OCTOBER

Generation Fitness session

WEDNESDAY 14TH OCTOBER

Visit from Zoo Lab

THURSDAY 15TH OCTOBER

Afternoon tea for Breast Cancer Awareness Month

FRIDAY 16TH OCTOBER

Scams Awareness Talk

FRIDAY 16TH OCTOBER

World Singing Day

SUNDAY 18TH OCTOBER

Live performance from Fiona

MONDAY 19TH OCTOBER

World Reptile Awareness Day

TUESDAY 20TH OCTOBER

Reminiscence and sensory session with Heather

SATURDAY 24TH OCTOBER

Move Momentum

MONDAY 26TH OCTOBER

World Stroke Day

THURSDAY 29TH OCTOBER

Live entertainment: singer Terry

FRIDAY 30TH OCTOBER

Throughout the month, we will also be hosting the following regular activities:

Films and documentaries

EVERY DAY

Book Club

EVERY TUESDAY

Hair salon

EVERY TUESDAY, WEDNESDAY AND THURSDAY

Church service and hymn singing

EVERY WEEK

Manicurist Lois visits

EVERY WEEK

Garden walks

EVERY OTHER DAY

Zumba Gold and exercise with Hazel

EVERY OTHER TUESDAY

Exercises with John

EVERY OTHER TUESDAY

Baking with Becky

EVERY OTHER WEEK

Contact us today on **01252 941300** to find out more about these upcoming events and activities, or why not suggest an activity yourself?