



EVENTS & ACTIVITIES

October 2026

International Coffee Day

THURSDAY 1ST OCTOBER

National Poetry Day

FRIDAY 2ND OCTOBER

Silver Sunday

SUNDAY 4TH OCTOBER

World Space Week

WC MONDAY 5TH OCTOBER

World Food Day

FRIDAY 16TH OCTOBER

International Chefs Day

TUESDAY 20TH OCTOBER

Throughout the month, we will be hosting the following regular activities:

Cavell Park Mobile Market

EVERY MONDAY from 11.30am

Joy's Bingo

EVERY TUESDAY from 3.00pm

Gym with Amelia

EVERY TUESDAY AND THURSDAY from 11.30am

Minibus trips

EVERY THURSDAY from 10.15am

Hairdresser

EVERY THURSDAY by appointment

Choir

EVERY THURSDAY **from 3.00pm**

Movie

EVERY SATURDAY AND SUNDAY **from 2.15pm**

Contact us today on **01494 480200** to find out more about these upcoming events and activities, or why not suggest an activity yourself?

