

EVENTS & ACTIVITIES

October 2026

World Coffee Day

THURSDAY 1ST OCTOBER

Live entertainment from musician Andy

FRIDAY 2ND OCTOBER

National Poetry Day

SATURDAY 3RD OCTOBER

Memory Café

MONDAY 5TH OCTOBER

Therapy dog Solo visits

TUESDAY 6TH OCTOBER

Celebrating Black History Month

WEDNESDAY 7TH OCTOBER

Celebrating Breast Cancer Awareness Month

FRIDAY 9TH OCTOBER

Morning quiz

MONDAY 12TH OCTOBER

Visit from ZooLab

TUESDAY 13TH OCTOBER

African-themed World Food Day

FRIDAY 16TH OCTOBER

Live entertainment: singer Rosie

THURSDAY 22ND OCTOBER

Sensory session with Toby

FRIDAY 30TH OCTOBER

Throughout the month, we will also be hosting the following regular activities:

Pet therapy

EVERY TUESDAY

Sensory session

EVERY WEDNESDAY

Music Club

EVERY WEEK

Ladies' High Tea and The Gentlemen's Club

EVERY WEEK

Fitness Club

EVERY WEEK

Church service

MONTHLY

Contact us today on **01494 480200** to find out more about these upcoming events and activities, or why not suggest an activity yourself?