

EVENTS & ACTIVITIES

February 2025

Throughout the month we will be hosting the following regular activities:

Gym sessions

DAILY at 10.30am

Connection sessions

DAILY at 11.00am

Time in the garden

DAILY at 11.00am and 2.00pm

Board games

DAILY from 11.30am to 2.00pm

Tea at Three

DAILY at 3.00pm

Cinema Club

DAILY

Music and movement

DAILY

Baking Club

EVERY WEDNESDAY at 2.30pm

Hairdresser appointments

EVERY WEDNESDAY from 9.00am - 5.00pm AND THURSDAY 9.00am – 12.00pm

Virtual church service

EVERY SUNDAY at 2.00pm

Target games

EVERY SUNDAY at 2.00pm

Walking Group

WEEKLY at 3.00pm

Table tennis

ONCE A WEEK

Arts and crafts

TWICE A WEEK

Chair-based exercise sessions

TWICE PER WEEK

Pool Group

TWICE PER WEEK

Minibus trips

THROUGHOUT THE MONTH

Mobile library

ONCE A MONTH at 3.00pm

Resident meeting

20TH OF EACH MONTH

Contact us today on **01635 926 900** to find out more about these upcoming events and activities, or why not suggest an activity yourself?