



# EVENTS & ACTIVITIES

## October 2024

### **Live music: Oliver the flautist**

THURSDAY 3<sup>RD</sup> OCTOBER at 11.30am

### **Friday sing-a-long**

FRIDAY 4<sup>TH</sup>, 11<sup>TH</sup>, 18<sup>TH</sup> AND 25<sup>TH</sup> OCTOBER at 3.00pm

### **Nigel Dawson talks**

FRIDAY 11<sup>TH</sup> OCTOBER at 2.00pm

### **Hairdresser**

MONDAY 14<sup>TH</sup>, 21<sup>ST</sup> AND 28<sup>TH</sup> OCTOBER

### **World Stroke Day**

MONDAY 14<sup>TH</sup> OCTOBER at 2.30pm

### **Church service**

TUESDAY 15<sup>TH</sup> OCTOBER at 3.00pm

### **World Food Day**

WEDNESDAY 16<sup>TH</sup> OCTOBER

### **Stroke Association talk with Arnold Matimba**

THURSDAY 17<sup>TH</sup> OCTOBER at 2.30pm

## **Debbie from Rise**

MONDAY 21<sup>ST</sup> OCTOBER at 11.00am

## **Live performance: David McEwan**

FRIDAY 25<sup>TH</sup> OCTOBER at 2.30pm

Throughout the month we will also be hosting the following regular activities:

## **Minibus trips**

THROUGHOUT THE MONTH

## **Tea at Three**

EVERY DAY at 3.00pm

## **Connect Together**

EVERY DAY at 11.30am

## **Cinema**

EVERY MONDAY – FRIDAY at 11.30am and 2.30pm

## **Book Club**

EVERY TUESDAY at 2.00pm

Contact us today on **01372 239 500** to find out more about these upcoming events and activities, or why not suggest an activity yourself!