



# EVENTS & ACTIVITIES

## July 2024

### **Wimbledon fortnight**

MONDAY 1<sup>ST</sup> – SUNDAY 14<sup>TH</sup> JULY

### **Church service**

THURSDAY 4<sup>TH</sup> JULY at 11.30am

### **Holy Communion at St. Margret's Church**

SATURDAY 6<sup>TH</sup> JULY at 11.00am

### **World Chocolate Day**

SUNDAY 7<sup>TH</sup> JULY at 3pm

### **Dawson talks**

MONDAY 8<sup>TH</sup> JULY at 2.30pm

### **Pilates**

TUESDAY 9<sup>TH</sup> JULY at 11.30am

### **Barrow Hedges Primary School visit**

WEDNESDAY 17<sup>TH</sup> JULY

### **Debbie from Rise**

THURSDAY 18<sup>TH</sup> JULY at 11.30am

### **Piano Concert**

THURSDAY 18<sup>TH</sup> JULY at 2.30pm

## **National Ice Cream Day**

SUNDAY 21<sup>ST</sup> JULY at 3pm

## **Olympic garden games**

FRIDAY 26<sup>TH</sup> JULY

## **Baby Boppers**

WEDNESDAY 31<sup>ST</sup> JULY at 2.30pm

Throughout the month we will also be hosting the following regular activities:

### **Chair-based exercises with Alison**

EVERY MONDAY AND FRIDAY at 10.30am in the Mariposa Suite

### **Scrabble Club**

EVERY TUESDAY at 2.00pm

### **Chair-based exercises with Liz**

EVERY Wednesday at 10.30am in the Oaks Lounge

### **Flower arranging**

EVERY THURSDAY at 11.30am

### **Films**

EVERY FRIDAY at 2.00pm

### **Church service**

EVERY SUNDAY at 10.00am

Contact us today on **020 3957 5200** to find out more about these upcoming events and activities, or why not suggest an activity yourself.

