

EVENTS & ACTIVITIES

July 2024

Therapy dog visit

MONDAY 1ST AND 9TH JULY

Card games

TUESDAY 2ND JULY

Emmanuel Church

WEDNESDAY 3RD, 14TH, 17TH AND 31ST JULY

Mobile library

THURSDAY 4TH JULY

Forget me not cinema

THURSDAY 4TH JULY

Children's Art Week

THURSDAY 4TH – 5TH, 11TH – 12TH AND 18TH – 19TH JULY

Wellness garden walks

MONDAY 8TH JULY

Seated exercise

MONDAY 8TH JULY

Tai chi

TUESDAY 9TH JULY

Word games

WEDNESDAY 10TH AND 24TH JULY

Wimbledon semi-finals

FRIDAY 12TH JULY

Entertainer

SUNDAY 14TH AND 27TH JULY

Painting and drawing

MONDAY 15TH AND 30TH JULY

Residents meeting

TUESDAY 16TH JULY

Poetry Club

FRIDAY 19TH JULY

Tropical Discovery

SUNDAY 21ST JULY

Bingo

MONDAY 22ND JULY

Community café

TUESDAY 23RD JULY

Puzzle time

FRIDAY 26TH JULY

Reminiscing with stories and music

MONDAY 29ST JULY

Ball games

TUESDAY 30TH JULY

Spin class

WEDNESDAY 31ST JULY

Throughout the month we will also be hosting the following regular activities:

Cinema

EVERY DAY

Bingo

EVERY MONDAY

Wellness walks in our garden

EVERY MONDAY AND THURSDAY **in the morning**

Community café

EVERY TUESDAY **in the morning**

Hairdresser

EVERY TUESDAY AND THURSDAY

Spin with a view

EVERY WEDNESDAY **in the morning**

Word games

EVERY WEDNESDAY **in the afternoon**

Poetry corner

EVERY THURSDAY **in the morning**

Forget me not cinema club

FIRST THURSDAY OF EVERY MONTH

Scrabble Club

EVERY THURSDAY **in the afternoon**

Choir practice

EVERY FRIDAY **in the afternoon**

Contact us today on **01672 555 200** to find out more about these upcoming events and activities, or why not suggest an activity yourself.