.	
Î	UPTON MILL
	TETBURY
	A PORTHAVEN CARE HOME

EVENTS & ACTIVITIES January 2025

National hobby month

Trivia SATURDAY 4TH JANUARY

G Fit TUESDAY 7TH JANUARY

Vision boards FRIDAY 10TH – SATURDAY 11TH JANUARY

Winnie the Pooh Day SATURDAY 18TH JANUARY

Brew Monday MONDAY 20TH JANUARY

G Fit TUESDAY 21ST JANUARY

National Reading Day THURSDAY 23RD JANUARY

Burns Night Event THURSDAY 23RD JANUARY

Live entertainment by Alan FRIDAY 24TH JANUARY

Chinese New Year WEDNESDAY 29TH JANUARY

Terrarium making TBC Throughout the month we will also be hosting the following regular activities:

Choir practice EVERY WEDNESDAY at 2.30pm

Hairdresser EVERY THURSDAY AND FRIDAY

Movie Club EVERY THURSDAY at 2.30pm

Skittles League EVERY FRIDAY at 2.30pm

Coffee and a catch-up TWICE A WEEK

Seated exercise group THROUGHOUT THE WEEK

Garden walks THROUGHOUT THE WEEK

Contact us today on **01666 336600** to find out more about these upcoming events and activities, or why not suggest an activity yourself?

